

# 2019 Bogalusa Blues & Heritage Festival 5K Run/Walk

Fill out this form and return it with payment. The Bogalusa Blues & Heritage Festival 5K Run is held on the Saturday of the festival - September 28, 2019 - bright and early at 8 a.m.

**Early Registration (Before 9/1/2019):** \$20  
**Regular Registration (On or After 9/1/2019):** \$25  
**Race-Day Registration:** 7:00 AM - 7:45 AM  
**Race Starts:** Saturday, September 28, at 8 AM  
**T-Shirt Order Deadline:** Sept. 7, 2019

<b>Full Name:</b>	
<b>Gender:</b>	<input type="checkbox"/> Male <input type="checkbox"/> Female
<b>Type of Participant:</b>	<input type="checkbox"/> Walker <input type="checkbox"/> Runner
<b>Date of Birth:</b>	
<b>T-Shirt Size:</b> <b>9/7/2019 Deadline!</b>	<b>Adult:</b> <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> X-Large <input type="checkbox"/> XX-Large <input type="checkbox"/> XXX-Large <b>Youth:</b> <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large
<b>Address:</b>	
<b>City/State/Zip Code</b>	
<b>Phone:</b>	
<b>Email:</b>	
<b>Emergency Contact:</b>	
<b>Emergency Phone:</b>	
<b>List Any Allergies or Medical Conditions:</b>	
<b>Payment Methods:</b>	Cash or Check Payable to "Bogalusa Blues & Heritage Festival"
<b>Submit Form and Payment to:</b>	116 Georgia Ave. Bogalusa, LA 70427

## Waiver and Release Statement

By completing this application and/or submitting payment for the event, you are agreeing to the following:

In considerations of the acceptance of this entry and as a participant in the above listed event, I do hereby waive any and all rights and claims which I, for myself and my heirs, executors, administrations and personal representatives may now or hereinafter have against and do hereby release, Bogalusa Blues & Heritage Festival, City of Bogalusa, the property owners, any volunteers, and sponsors of the event for any injury, illness, losses, or death suffered by me resulting either directly or indirectly from my participation in the above listed event. I fully understand that my participation in this event is completely a voluntary undertaking and that I assume all risk associated with my participation, including, but not limited to, falls, contact with other participants, effects of weather, traffic, and the conditions of the course. The course may include, mud, sand, undeveloped ground, rough terrain, rocks, debris, logs, vines, water, and other natural obstacles. I hereby certify that I am adequately fit and in the proper physical condition to participate in this event and that I am not participating in this event against advice of a physician nor am I taking medications which would impair my health or ability to participate in this event. I hereby authorize this use of my name and photographs, recorded video and other record of my participation in this event for any legitimate purpose. I acknowledge that I have read and fully understood the above and assume complete responsibility for all risks associated with participation in the above event.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_